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 **Research Article**

THE SECRETS OF SPEAKING THE LANGUAGE FLUENTLY

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ABSTRACT

Language is the way to explore new knowledge, culture and people. And most people want to learn English which becomes International language around the World and speak fluently in this language. The problem is that most schools have a lot of pressure to go very fast. They are always pushing the students to learn more and more vocabulary and new grammar. This article illustrates some connections of language with repetition. Furthermore, if language teachers' training collaborated with not only standard lesson schedule, but also deep learning method, in today's world that is becoming more than easy to reach success in language learning.

KEYWORDS

Deep learning, repetition, understanding instantly, understandable materials, repetitive listening, time-consuming process, fundamental skills, narrow listening.

INTRODUCTION

Learning a new language can be a challenging and time-consuming process, but with the right way and techniques, it is possible to achieve fluency and speak like a native. One powerful tool that can

help language learners is learning deeply. What does it mean to learn deeply? To learn deeply means to learn English to the point where speaking and understanding are automatic. Often

people know a lot of English grammar and vocabulary, but they don't know it deeply. When it comes time to speak, they are translating vocabulary and analyzing tenses in their heads or struggling to understand the meaning of what someone is saying to them. Deep learning means repeating what you have learned, again and again. This might feel very different from the way you learned in school. Most schools have a lot of pressure to move fast. They're always pushing the students to learn more grammar or a certain number of new words every week. The teachers rely primarily on textbooks, and try to finish them on schedule. The problem for students is that students learn a lot of stuff but then they forget it. Or they remember the basic idea, but can't use it.

Master the Fundamentals

To better understand the phrase "deep learning" once again let's look at the world of sports. Imagine, for example, a professional golfer. How does a professional golfer master the game and continue to improve? The most important skill for a golfer to master is their swing. A professional will practice their swing five hundred times a day or more, every day. A good golfer never says, "OK, I already know how to swing, so now I need to do something else." Golfers understand that the best way to master the game is to master a few fundamental skills. They practice these same few skills hundreds of times a day, for years and years — possibly for their entire lives.

Unfortunately, many English learners fail to understand the importance of deep learning. In my opinion, teachers should frequently spend a long time repeating and reviewing the most common and most useful language. Sometimes a

student would complain. They would say, for example, "I want to learn advanced grammar. I already know the past tense." Yet, in a casual conversation, this same student frequently made mistakes with the past tense. He said "go" when he should have said "went." He did not understand the difference between knowledge and skill.

Remember, knowledge is something you analyze and think about. Skill is something you do. Knowing the past tense is useless. You must be able to use the past tense instantly and automatically in real conversations. You need English skill, not English knowledge.

How To Learn Deeply If this sounds familiar, don't despair. You can move much closer to your goal of speaking excellent English simply by adjusting the way you learn. You just need to slow down and repeat everything you learn again and again. According to AJ.Hoge who is a peak performance English teaching expert, learners must repeat each lesson for at least seven days. This is the case even if they think they know it well after listening to it twice. If it's still difficult, he advises them to listen to the lesson daily for two, three or even four weeks. Remember, it's not a race. The point is not to memorize, or recite the phrases back like a bird, but to truly deeply understand the phrases you are learning. Often many students ask a question like "Can I learn two lessons in a week not one lesson?" That's a good question. People want to go faster. They want to do more. It is normal. But if you ask any of advanced students who have already undergone this way, they will all give you the same answer: No. Why? Because deep learning is significant. So, for example, if you

have an audio article or podcast, something you like listening, don't just listen to it once. One time is not enough. Five times is not enough. You should listen to that article, speech, whatever it is 30 times. Or perhaps 50 times, 100 times or even more. After you have learned the vocabulary in the podcast, keep listening. Because knowing the vocabulary means that you can take the test and say the meaning, but when you hear it do you instantly understand it? Can you use it quickly and automatically? If the answer is no, you need to study it again, you need to listen to the same audio again. Many, many times. This is one of the secrets to speaking faster and to really learning grammar and using it correctly. You are like the professional golfer who practices his swing hundreds of times per day. The golfer is always looking for ways to improve that same fundamental skill. The golfer realizes that mastery of the fundamentals is more important than a lot of theoretical knowledge.

This is the secret. You never stop. You just need more repetition. Focus on the most common words, most common verbs, most common phrases through listening and then repeating, repeating and repeating. When you do that, you develop that "feeling for correctness" and will use English more naturally and automatically. Perhaps you are thinking to yourself, "But will not I get bored listening to the same thing again and again?" Of course this is possible. One of the best way to avoid boredom is to choose material that is compelling to you. How do you find compelling content? One way is to learn about something you love, in English. For example, if you love romance novels in your own language, get them in English!

Find easy romance audiobooks and listen to them every day. Then find the text versions of the books and read while you listen. If you love business, then learn about business in English. Use English as a means of learning other knowledge and other skills. The more you focus on this compelling content, the easier it will be to repeat it often. You'll enjoy hearing it again and again.

Practice "Narrow listening"

"Narrow listening" is an another way for deep learning. "Narrow listening" means listening to many things about the same topic. This method is more powerful than trying to listen to many different kinds of things.

For instance, you can choose one English native speaker and find many things by him or her. Then listen to all of his podcasts, speeches, and audiobooks. This is desperately effective because all speakers have their favorite vocabularies and grammar. They naturally repeat these many times in their speech. By listening to many things by the same person, you automatically get a lot of vocabulary repetition. In this way you learn deeper and faster.

Another similar way is to choose one topic to focus on. For example you can read an easy book, listen to its audiobook, then listen to podcast about the book and watch its movie.

Pay attention what kind of materials you are choosing. First of all, it must be understandable for you. If you do not understand, you will learn nothing. You will not improve. That is why listening to English TV does not help you. You do not understand most of it. It is too difficult and too fast. So, the best listening material is EASY. You should listen mostly to easy English. Most

students listen to English that is much too difficult but they do not understand enough. That is why they learn slowly.

Just imagine we have got 2 students. One of them watches a movie which is 90 % understandable for him. The second student chooses a much difficult advanced level movie that is probably 20 % understandable for him. Both of them are spending 2 hours to watch the movie and improve their English but in this same period of time the first student gets 90 % of information, the second one can get only 20 % of information or knowledge. The second student has to spent about six or seven hours again in order to gain 90 % of knowledge. That is why I am saying that students who tries to learn difficult things learn much slowly. So listen to easier English and your speaking will improve faster!

The Role of Repetition in Speaking English Like a Native

Repetition is a powerful tool for improving your English language skills, and it can help you to achieve native-like fluency in a number of different ways. Here are just a few examples of how repetition can help you to improve your English:

- **Pronunciation:** Pronunciation is a crucial aspect of speaking English like a native, and repetition can be a valuable way for practicing and improving your pronunciation. By repeating words and phrases out loud, you can get a feel for how they should sound and begin to develop a more natural-sounding accent. You can also use repetition to practice difficult sounds or sound combinations that may be challenging for non-native speakers.

- **Vocabulary:** Building a strong vocabulary is essential for speaking English fluently. Only repetition can help you to learn new words and phrases more quickly and effectively. By repeating new words and phrases over and over again, you can help your brain to encode the information and make it more easily retrievable. You can also use repetition to practice using new words in different contexts and to review and reinforce the words you have learned.

- **Fluency:** Repetition can also help you to improve your overall fluency in English by allowing you to practice using the language more consistently. By speaking English regularly and repeating words and phrases out loud, you can become more comfortable using the language and improve your ability to communicate effectively. Overall, the power of repetition lies in its ability to help you to learn new information more effectively and retain it in long-term memory. By incorporating repetition into your language learning routine, you can make rapid progress and speak English like a native.

CONCLUSION

In this article, it has explored that the importance of repetition in language learning and how it can help learners to speak English like a native. We have looked at deep learning and how it helps the brain to encode new information, as well as the specific ways in which repetition can improve your pronunciation, vocabulary, and overall fluency in English. However it takes even more planning and repetition to become a successful communicator. We've all experienced the

frustration of repeating the exact same thing and not seeing any progress. It can be boring and incredibly demotivating, but the reality is that in order to ensure a piece of language is automatic, meaning we can use it in conversation without having to think about it, we will need to meet that piece of language on average 10-20 times in different contexts. That means reading it, learning it, hearing it, practicing it again and again until it's automatic.

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